

Bridges Community Health Centre

Community Health and Wellness Programs

Diabetes Hot Topics: Summertime Potluck

In person-Fort Erie site



All Bridges CHC programs are open to the entire community at no cost.

Thursday, June 13, 2:00-3:00pm

Bring along your favourite potluck side dish and join Bridges CHC staff to learn how to curb food cravings and to treat hypoglycemia.

Please register by calling 905-871-7621 ext. 0 or info@bridgeschc.ca