

MENTAL HEALTH AND ADDICTIONS PILOT PROJECT

Young people from Fort Erie access emergency departments and urgent care centres more often than others for care related to mental health or addictions.

Help us understand why.



Together, let's create greater access to community services.

Who are we looking for:

- 18 to 25-year-olds from Fort Erie who have visited an emergency department or an urgent care centre for mental health or addictions-related care over the last two years.
- Family members and caregivers are also encouraged to participate.

Participants can:

- Take part in a focus group, fill out a survey, or be interviewed.
- Share their lived experiences and insights navigating the health system and social services for MHA-related assistance.
- Be involved in the development of new processes, programs, and services.

All personal information will remain confidential, and participants will receive a \$25 gift card for their involvement.

Contact us to learn more:

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Scan this QR code with your mobile device to express your interest in participating in this initiative.



Visit us at:
www.noht-eson.ca