## Bridges Community Health Centre Community Health and Wellness Programs

## Let's Get Cooking

In person—Port Colborne site



## Thursday, April 24, 10:00-11:30am

Learn to cook nutritious, low-cost and tasty foods with our dietitians. To register, please call 289-479-5017 ext. 0 or email info@bridgeschc.ca







Alliance for Healthier Communities Alliance pour des communautés en santé