



# HEALTH & WELLNESS



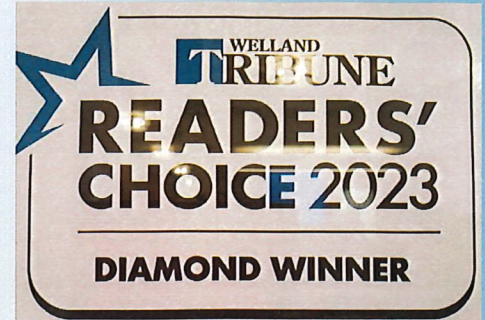
## ***BETTER LIVING EXPO***

### **WHEN**

**Thursday, May 30, 2024  
11am to 3pm**

### **WHERE**

**Grand Canal Retirement Residence  
439 King St., Welland, ON L3B 0J5  
[www.grandcanal.ca](http://www.grandcanal.ca)  
289-480-0125**



**ALL AGES  
EVENT**

**FREE  
ADMISSION**

**AT THE DOOR  
Numerous Prize  
Draws  
50/50 Tickets**

### **VENDORS**

**PHYSIOTHERAPY**

**HEARING PROFESSIONALS**

**MEDICAL SPA**

**FOOT CARE SPECIALISTS**

**JEWELRY & GIFTWARE**

**EXERCISE & FITNESS**

**... AND MUCH MUCH  
MORE!**