

Bridges Community Health Centre

Community Health and Wellness Programs

Coping with Grief

In Person Presentation—Port Colborne site

All Bridges CHC programs are open to the entire community at no cost.



Thursday, October 23, 1:00-2:30pm

Join our Registered Social Worker Miranda in this presentation to learn more about the different forms and stages of grief, how it can affect us, and ways to cope.

To register:

Please call 289-479-5017 ext. 0
or email info@bridgeschc.ca