

Bridges Community Health Centre

Community Health and Wellness Programs

Diabetes Hot Topics: Cholesterol

In person-Fort Erie Site



All Bridges CHC programs are open to the entire community at no cost.

Thursday, February 13, 2:00-3:00pm

Join our Diabetes Team for a review of what cholesterol is, cholesterol targets, and lifestyle/dietary changes to consider.

Please register by phone or email:
905-871-7621 ext. 0 or
info@bridgeschc.ca